

Timetable Year 1

Note: Timings are not essential! They are given as a guideline to a possible day and/ or length of time for each activity at a time that suits your family.

Morning - resources are available at; <http://www.pitmaston.co.uk/year-1/>

8.30 - 8.50am	Handwriting	Joined writing practise of the common exception words (see Writing page)
9 - 9.30am	Joe Wicks workout	https://www.youtube.com/watch?v=sX05HHni9Wk
9.30 - 9.45am	Maths Calculate/ Timestable QRI sheet	See Maths tab
9.45 - 10.15am	Other maths activity	
BREAK		
10.30 - 10.45	Set 3 sounds live (YouTube or Facebook)	Search "speed sounds set 3 + the day of the week"
10.45 - 11.15	Writing activity	Diary, story, letter to a friend/ family, etc

Afternoon - (1pm - 3pm) Topic/ Science Investigations/ Art/ DT/ PE

- **Topic** - Learning linked to the topic mat for the half term & website resources (see link at the top of the page)
- **Science** - <https://www.bbc.co.uk/bitesize/subjects/z6snr82>
<https://www.theschoolrun.com/year-1/year-1-science>
<https://www.science-sparks.com/science-experiments-for-4-and-5-year-olds/>
- **Art** - practise colour mixing, sketching objects around the house (a bowl of fruit/ pile of books) and using different medium (chalk, paint, crayon, felt tip) to add colour to drawings
- **DT** - Look at mechanisms (levers, sliders and wheel) to make pictures move (next half term - resources to follow), build a structure using boxes and talk about how to make them stronger using different joining methods (ie. Sellotape, glue or staples, etc)
- **PE** - ball skills (throwing and catching), skipping with a rope, football skills (dribbling, aiming and stopping the ball with feet), Cosmic Yoga (<https://www.cosmickids.com/>) and dance (Just Dance for Kids).